

# **Become a Champion Coach!**

# Learn the most effective coaching tools

Coaching is a profession that's expanding all over the world. And no wonder! It's the most amazing job you can have if you want to support other people in their success, in life and or business. And for you it's a gift to be there with your client and contribute to his progress and long-lasting results.

As training organization, we have a deep knowledge of coaching since we've been in business since early 2000. We have followed the process of coaching from the first generation till todays third generation. We teach you the most modern tools in coaching as we upgrade ourselves all the time.

The coaching profession is unlike many other professions. As a coach you're not the expert. You are instead the expert in helping the other person to find his own answers. Because he can!

We teach according to ICF (International Coach Federation), the biggest branch organization in the world in coaching. They have identified the 11 core competences a coach needs to know:

- 1. Ethical guidelines and professionalism
- 2. Coaching agreement
- 3. Trust and intimacy
- 4. Coaching presence
- 5. Active listening
- 6. Powerful questions
- 7. Direct communication
- 8. Creating awareness
- 9. Planning and goal setting



### 10.Creating action

## 11. Progress and accountability

We know that coaching can only be learned by experiencing. Our training days will therefore be filled with practicing and testing, combined with shorter presentations and demos. Everything we do is for our learning, not to show "I know all about this already".

The atmosphere in our training is friendly, warm, encouraging and with a great trust and belief in you and your ability.

So far we have trained more than 3000 coaches and coaching leaders since 2005 and we'd love to train you too. We know what we do and we love what we're doing. And our participants are lyrical with our training.

We take you all the way if you want to become an international certified coach. As we are accredited by ICF to do the oral exam for international credentialing we make the journey to your next profession nice and easy for you.

The start is the Diploma training – an intensive with 8 diploma days, five individual mentor coaching sessions and practice with pro bono client. The dates are: August 28-31 and October 23 – 26. For international credentialing, you need an extra intensive with four + four days of training and another five-individual mentor coaching.

#### Price and special offer!

Ordinary price 3500 US. Special offer for the first ten who sign up – a discount on 30 %.

Payment in advance and at the latest August 1.

### **Questions and application**

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As a professional coach a new world will open up for you! You can coach people from any place over phone, skype. You only need a lap top and a mobile. As a member of our Alumni you will be in a network with all our trained coaches both in Sweden, Finland and South Africa and other places where some of our coaches live.

Welcome to our world of coaching

Yours CoachCompanion